

Delegate Handbook

ADiPS 2026

21-23 August 2026 | Rydges, Melbourne Victoria



AUSTRALASIAN DIABETES IN PREGNANCY SOCIETY

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Welcome to ADIPS 2026!

We welcome all clinicians and researchers caring for women with diabetes in pregnancy to Melbourne this August for our weekend conference. Whether you are a dietician, diabetes educator, endocrinologist, midwife, researcher, paediatrician or obstetrician, you will find sessions to challenge you and opportunities to share your knowledge.

With both in-person and virtual options, the meeting brings together colleagues from across Australia, New Zealand, with international speakers to share new research, practical insights, and clinical experience.

Melbourne is a familiar and well-loved meeting place for many in our community. The city's compact centre, reliable public transport, and excellent food and coffee make it an easy base for a winter conference. Attendees can expect cool weather, busy cafés, and plenty of indoor spaces to catch up with colleagues — from museums and galleries to the laneways that give the city its character.

Whether you join us onsite or online, we look forward to connecting with you and continuing to strengthen our shared work in diabetes in pregnancy.

A/Prof Alexis Shub & Dr. Rebecca Goldstein

ADIPS 2026 Co-Chairs

ADIPS 2026 Organising Committee

Associate Professor Alexis Shub

ADIPS 2026 Co-Chair

Dr. Rebecca Goldstein

ADIPS 2026 Co-Chair

Dr. Matthew Hare

ADIPS 2026 President

Uma Subramanian

ADIPS 2026 Executive Office

Alison Barry

Dr. Ian Fulcher

Dr. Jessica Grieger

Anna-Jane Harding

Dr. I-Lynn Lee

International Invited Speakers



Dr. V. Mohan

*Dr. Mohan's Diabetes Specialties Centre & Madras Diabetes
Research Foundation at Chennai, India*



Professor Eleanor Scott

Leeds Teaching Hospitals NHS Trust, UK



Professor Ronald Ma

Chinese University of Hong Kong, Hong Kong

National Invited Speakers



Professor Lisa Amir AM

*The Royal Women's Hospital
Melbourne, VIC*



Mahnaz Bahri Khomami

*Monash University & Monash Health
Melbourne, VIC*



Dr. Michael Bethune

*Specialist Women's Ultrasound & Mercy Hospital
for Women
Melbourne, VIC*



Professor Jodie Dodd

*Women's and Children's Hospital
Adelaide, SA*



Dr Hannah Gordon

*Mercy Hospital for Women
Melbourne, VIC*



Professor Natalie Hannan

*The University of Melbourne & Mercy Hospital for
Women
Melbourne, VIC*



Professor Lyndell Lim

*Centre for Eye Research Australia
Melbourne, VIC*



Dr Katherine Livingstone

*Deakin University
Melbourne, VIC*



Adj A/Professor Deanne Minniecon
*Diabetes Australia
Brisbane, QLD*



Dr Anita Moorhead
*The Royal Women's Hospital
Melbourne, VIC*



A/Professor Sarah Price
*Royal Women's Hospital
Melbourne, VIC*



Professor Joanne Said
*Joan Kirner Women's and Children's Western Health &
The University of Melbourne
Melbourne, VIC*



Professor Helena Teede
*Monash University
Melbourne, VIC*



Dr Anna Tottman
*The Royal Women's Hospital
Melbourne, VIC*

21st August 2026

Registration at Melbourne Convention & Exhibition Centre (MCEC)
for Joint Session with IDF-WPR & ADC 2026

3:00PM – 4:00PM

Joint Session at MCEC – ADIPS/ADS/ADEA/IDF-WPR Pregnancy
Symposium

3:45PM – 5:30PM

Welcome Reception – Rydges Melbourne

6:00PM – 7:30PM Bossley Rooftop

This conference acknowledges the sponsorship of



22nd August 2026

Registration Open

7:30AM – 5:00PM Conference Foyer

mylife Diabetes Care Australia (formerly Ypsomed) Breakfast Workshop

7:45AM – 8:30AM Centre Stage

Automated Insulin Delivery in Pregnancy: From Evidence to Everyday Practice

Presented by Professor Eleanor Scott & Candice Ward, Dietitian

This interactive breakfast workshop will explore the evolving role of automated insulin delivery in supporting women with type 1 diabetes before, during, and after pregnancy, including the importance of early consideration for all women of child-bearing age. Through expert-led discussion and practical case-based insights, the session will consider clinical decision-making, multidisciplinary care, real-world implementation challenges, and opportunities to improve outcomes for women living with diabetes in pregnancy. Featuring perspectives from global experts, the workshop is designed for clinicians seeking practical, evidence-informed approaches to integrating diabetes technology into pregnancy care.



Diabetescare

This conference acknowledges the sponsorship of

Parent's Room Open

8:45AM – 5:00PM Terrace Room

Insulet

This conference acknowledges the sponsorship of

Welcome to Country & Conference Welcome

8:45AM – 9:00AM Centre Stage

Chairs: Matthew Hare & Alexis Shub

Additional Chair: Rebecca Goldstein

Session 1 – Beyond birth: reframing GDM for Lifelong Health

9:00AM – 10:50AM Centre Stage

Chairs: Rosemary Hall & Ian Fulcher

9:00 AM **Ronald Ma**

Long-term complications of hyperglycaemia in pregnancy for women and their children: epidemiology and mechanisms *abs# 1*

9:40 AM **Katherine Livingstone**

Quality over quantity: a whole of diet approach for diabetes management and prevention *abs# 2*

10:10 AM **Susan de Jersey**

From words to practice: supporting clinicians to deliver values- based, non-stigmatising GDM risk reduction care *abs# 3*

10:30 AM **Annabel Jones**

Proactive insulin initiation for antenatal betamethasone-induced hyperglycaemia in women with diabetes in pregnancy: a prospective cohort study *abs# 4*

10:40 AM **Chuanyu Zhao**

Resolving heterogeneity in gestational diabetes based on insulin secretion and sensitivity and the association with pregnancy outcomes: a data-driven cluster analysis in a multi-ethnic birth cohort *abs# 5*

Morning Tea & Networking

10:50AM – 11:20AM Meeting Place



This conference acknowledges the sponsorship of

Session 2 – What's new in GDM and Metformin

11:20AM – 12:40PM Centre Stage

Chairs: Tang Wong & Susan de Jersey

11:20 AM **Eleanor Scott**

GDM- what are we missing? Lessons from the UK first National GDM Audit *abs# 6*

11:50 AM **Hannah Gordon**

Beyond birth: Childhood outcomes following antenatal metformin exposure *abs# 7*

12:10 PM **Robyn Barnes**

Prevalence of disordered eating behaviours and psychopathology at gestational diabetes diagnosis within a multi-ethnic setting *abs# 8*

12:20 PM **Cathy Latino**

The maternal-fetal and health economic impact of a resistant starch dietary intervention in Gestational Diabetes *abs# 9*

12:30 PM **Natasha de Alwis**

High glucose alters the protein content of placental-derived extracellular vesicles and enhances their potential to induce endothelial dysfunction *abs# 10*

Lunch & Poster Session

12:40PM – 1:20PM Meeting Place

Session sponsored by  **NET
HEALTH**

Session 3A – Breakout Session – Complications of diabetes

1:20PM – 2:50PM Centre Stage 1

Chair: I-Lynn Lee

1:20 PM Lyndell Lim

Diabetic Retinopathy in pregnancy: how common is it, and what are the management issues that may arise for the mother and baby? *abs# 11*

1:40 PM Anna Krelle

Renal complications of diabetes *abs# 12*

2:00 PM Michael Bethune

Is ultrasound useful in pregnancies with diabetes? *abs# 13*

2:20 PM Natalie Hannan

From Exclusion to Innovation: Rethinking Therapeutic Development for Pregnancy *abs# 14*

2:40 PM Christopher JD McKinlay

School-age outcomes after a randomised trial of dextrose gel to prevent neonatal hypoglycaemia *abs# 15*

2:43 PM Anna Tottman

The PRESENT trial: An RCT of Pasteurised Donor Human Milk supplementation for term babies born to Women with Diabetes. *abs# 16*

Session 3B – Breakout Session – Allied Health Session: Practical Guide to Complex Glycaemia Management in Pregnancy

1:20PM – 2:50PM Centre Stage 2

Chair: Robyn Barnes

Panel of Experts:

- Anna-Jane Harding, RN/CDE, *Royal Prince Alfred Hospital, NSW*
- Cecily Foged, DNP, *Mercy Hospital for Women, VIC*
- Alison Barry, RN/MW/CDE, *Royal Brisbane & Women's Hospital, QLD*
- Electra Ulrich, Dietitian, *St. Vincent's Hospital, VIC*

Discussion on practical tips covering insulin pumps, gastroparesis, hyperemesis, steroid management and bariatric surgery in pregnancy.

A case study incorporating the topics discussed will take place following initial discussions.

Afternoon Tea & Networking

2:50PM – 3:10PM Meeting Place

Session 4A – Breakout Session – Contemporary Issues: Early GDM, PMOS and screening

3:10PM – 4:00PM Centre Stage 1

Chairs: Christopher Nolan & Shantha Joseph

3:10 PM **Mohan Viswanathan**

Early GDM diagnosis, and the South Asian perspective *abs# 17*

3:40 PM **Mahnaz Bahri Khomami**

Gestational Diabetes Mellitus in PMOS (formerly PCOS) Pregnancies: Evidence, Risk, and Clinical Implications *abs# 18*

Session 4B – Breakout Session – Breastfeeding and Neonatal

3:10PM – 4:00PM Centre Stage 2

Chairs: Rose Elder & Felicity Farnworth

3:10 PM **Lisa Amir**

Should we encourage antenatal expressing for women with diabetes and what else is new in breastfeeding research *abs# 19*

3:25 PM **Anita Moorhead**

Promoting breastfeeding establishment for women with diabetes in pregnancy *abs# 20*

3:40 PM **Anna Tottman**

Neonatal care for infants born after gestational diabetes *abs# 21*

Session 5 – Lived Experience with diabetes in pregnancy

4:00PM – 4:45PM Centre Stage 1

Chairs: Anna-Jane Harding & Sarah Price

Hear from women with Type 1 and Type 2 diabetes about their pregnancy – their experience of the good, the bad and the ugly.

Conference Dinner – RACV Club Melbourne

6:00PM – 11:00PM

23rd August 2026

Registration Open

8:00AM – 5:00PM Conference Foyer

Parent's Room

8:45AM – 5:00PM Terrace Room

Insulet

This conference acknowledges the sponsorship of

Session 6 – Diabetes Prevention and Care: a Holistic Perspective

8:45AM – 10:40AM Centre Stage

Chairs: Leonie Callaway & Jessica Grieger

Session sponsored by **Dexcom**

8:45 AM **Eleanor Scott**

Improving Diabetes in Pregnancy care – a journey from trials to policy and national implementation. *abs# 22*

9:30 AM **Sarah Price**

CGM in pregnant women with T1D: Understanding similarities and differences between the RCT's and 'real-world' data *abs# 23*

9:50 AM **Deanne Minniecon**

Walking forward together: strengthening diabetes prevention and care with Aboriginal and Torres Strait Islander women *abs# 24*

10:20 AM **Siew Lim**

Co-designing interventions to improve engagement with the prevention of

cardiovascular disease and type 2 diabetes in women with a history of gestational diabetes *abs# 25*

10:30 AM **Matthew J. L. Hare**

Intergenerational associations between diabetes in pregnancy and birthweight across three generations among Aboriginal and Torres Strait Islander people in the Northern Territory *abs# 26*

Morning Tea & Networking

10:40AM – 11:10AM Meeting Place

Session 7 – Healthy pregnancy for everyone

11:10AM – 12:30PM Centre Stage

Chairs: Alexis Shub & Jeremy Oats

11:10 AM **Amanda Poprzeczny**

The need for preconception care – changing the way we think *abs# 27*

11:35 AM **Helena Teede**

Pregnancy: metabolic health and weight gain *abs# 28*

12:00 PM **Purva Gulyani**

Managing Pregnancy After Bariatric Surgery in Individuals with Pre-existing Diabetes: A Multidisciplinary Consensus *abs# 29*

12:10 PM **Vanessa J Watkins**

Understanding women's decisions, experiences, and system influences in gestational diabetes screening and management *abs# 30*

Lunch & Networking Break

12:30PM – 1:30PM Meeting Place

ADIPS AGM

1:00PM – 1:30PM Centre Stage

Session 8 – GDM – Trials and Guidelines

1:30PM – 2:50PM Centre Stage

Chairs: Matthew Hare & N Wah Cheung

1:30 PM **Ronald Ma**

Beyond pregnancy: strategies to improve long-term outcomes of GDM *abs# 31*

2:00 PM **Joanne Said**

Including Women with Diabetes in Pregnancy Research: The PRECeDe Trial –
Addressing Evidence Gaps in Antenatal Corticosteroid Use *abs# 32*

2:20 PM **Rosemary Hall**

New Zealand GDM Guidelines – what is new? *abs# 33*

2:35 PM **Alexis Shub**

ADIPS 2026 GDM Management Consensus Recommendations *abs# 34*

Afternoon Tea & Networking

2:50PM – 3:15PM Meeting Place

Panel Hot Topics: Tricky cases of Type 1 and Type 2 diabetes in pregnancy – Hear what the experts would do

3:15PM – 4:15PM Centre Stage

Chairs: Rebecca Goldstein & Bethany Crinall

Panelists include:

- Professor Eleanor Scott
- Dr. Ian Fulcher
- Dr. Christine Houlihan
- Cam Johnson, Dietician
- Damir Krehula, Endocrinology Advanced Trainee
- Emily Lawson

Awards Presentations & Closing Address

4:15PM – 4:45PM Centre Stage

Poster Listing

Robyn A Barnes

Pre-diagnosis binge eating independently associated with insulin use in gestational diabetes *abs# 101*

Kirsten Black

Pregnancy Planning, Preconception Care and Early Glycaemic Control in Women with Pre-existing Diabetes. *abs# 102*

Mitsi Blazos

The use of Continuous Glucose Monitoring (CGM) in the management of Gestational Diabetes Mellitus (GDM): A Case Report and review of the literature *abs# 103*

Ruby Chang

The use of one week of capillary glucose testing in place of oral glucose tolerance testing to diagnose gestational diabetes *abs# 105*

Jessica M Deitch

A fasting glucose level less than 4.7mmol/L safely screens for gestational diabetes in women, reducing reliance on oral glucose tolerance testing *abs# 106*

Michael Do

Two Days per Week Versus Daily Blood Glucose Monitoring in Diet-Controlled Gestational Diabetes Mellitus *abs# 107*

Michael Do

Retrospective evaluation of triage data and diabetes educator and dietitian appointment utilisation following introduction of GDM remote monitoring *abs# 108*

Rinky Giri

Smartphone and Internet-Based Remote Glucose Monitoring for Gestational Diabetes management: Protocol for a Randomised Controlled Trial (The M♥THER Study) *abs# 109*

Akhil Gupta

Accuracy of fetal growth estimation among women with type 1 and type 2 diabetes in pregnancy from a multi-ethnic population *abs# 110*

Rachel R Hicks

NetHealth and remote monitoring of GDM care: Ethnographic analysis and perspectives on rollout and implementation *abs# 111*

Danielle Hulse

Telehealth-Integrated Antenatal Care for Gestational Diabetes: A Retrospective Comparative Analysis of Maternal and Neonatal outcomes in Australian Women
abs# 112

Emma L Jamieson

Clinical utility of glycated albumin for screening and management of GDM *abs# 113*

Chih Ying (Maggie) Ko

Overt diabetes in pregnancy: are they all the same? *abs# 114*

Chih Ying (Maggie) Ko

Postpartum dysglycaemia in overt diabetes in pregnancy *abs# 115*

Chih Ying (Maggie) Ko

Fasting falls short in overt diabetes in pregnancy? *abs# 116*

Chris McKinlay

Feasibility of ultrasound for assessing neonatal body composition in pregnancy diabetes trials *abs# 117*

Linda Orazio

A cost-efficient dietitian diabetes educator model of care for gestational diabetes mellitus: A prospective service evaluation in a tertiary maternity hospital *abs# 118*

Subanki Rajanayagam

Risk Factors Associated with Delivery of Small-for-Gestational-Age (SGA) Infants in Women with Gestational Diabetes Mellitus (GDM) *abs# 119*

Beminate Lemma Seifu

Evaluation of the 2025 Australasian Diabetes in Pregnancy Society Gestational Diabetes Guideline: Clinical Impact on Prevalence and Neonatal Outcomes *abs# 120*

David Simmons

Impact of the new Australian, New Zealand and Swedish GDM criteria on GDM prevalence among high risk women in the TOBOGM study *abs# 121*

Roslyn A Smith

Errors in self-monitored blood glucose testing and deviations from carbohydrate

intake recommendations following initial education for gestational diabetes *abs# 122*

Roslyn A Smith

Medical nutrition therapy in gestational diabetes: comparable pregnancy outcomes using a risk-prioritised versus universal approach *abs# 123*

Roslyn A Smith

Carbohydrate intake behaviours and associations with elevated glycaemia in gestational diabetes *abs# 124*

Emma L Jamieson

Detection of gestational diabetes and requirement for pharmaceutical management: high sensitivity of fasting plasma glucose in Australian Aboriginal women *abs# 125*

Larisa Syphers

Recognizing and managing postpartum dysglycemia: Late Dumping syndrome following bariatric surgeries presenting as severe hypoglycemia- Report of 2 cases *abs# 126*

Stephanie Terry

Does interpregnancy weight change impact outcomes for women with recurrent Gestational Diabetes Mellitus? *abs# 127*

Alia N Tun Ismail

Piloting the NetHealth model of care for remote glucose monitoring in gestational diabetes: glycaemic outcomes *abs# 128*

Alia N Tun Ismail

Comparing maternal and fetal pregnancy complications in women with pre-existing diabetes based on planning status: a retrospective audit. *abs# 129*

Alia N Tun Ismail

Improved maternal glycaemic control for type 1 diabetes in pregnancy following transition between automated insulin delivery systems: a case report *abs# 130*

Kate van Berkel

Balancing convenience and care in Gestational Diabetes management: A retrospective evaluation of a three-part evolving model of care using remote patient monitoring in the Geelong region. *abs# 131*

Sanya Verma

Maternal and Neonatal Outcomes in Pregnant Women with Type 2 Diabetes: A Cohort Study over 9 years at Monash Health *abs# 132*

Vanessa J Watkins

Beyond the test: Why some pregnant women decline oral glucose test screening for gestational diabetes *abs# 133*

Vanessa J Watkins

Gestational diabetes in Australia: Exploration of women's lived experiences of gestational diabetes and postnatal screening for type 2 diabetes *abs# 134*

Richard Yang

Case Report – Overcoming the limitation of Medtronic 780G insulin pump in pregnant patient with Type 1 Diabetes Mellitus during 3rd trimester of pregnancy *abs# 135*

Annee Yogarajah

Inpatient admission for glycaemic monitoring and management in women with diabetes in pregnancy in the remote Top End *abs# 136*

Ning NZ Zhang

Too busy

by baby three? Declining postpartum OGTT attendance despite rising risk *abs# 137*

Ning NZ Zhang

Looking beyond the first: recurrent gestational diabetes mellitus and its associated obstetric and neonatal complications *abs# 138*

Ning NZ Zhang

Maternal characteristics associated with recurrent gestational diabetes mellitus across three pregnancies *abs# 139*

Naveena Sankaran

Gestational weight gain in women with gestational diabetes: implications of exceeding recommendations at diagnosis *abs# 141*

Evangelia Haralabopoulos

The use of double-strength insulin (Humalog U-200) in a pregnant woman with type 1 diabetes on hybrid closed-loop therapy: a case report *abs# 142*

Evangelia Haralabopoulos

Impact of the updated 2025 Australasian Diabetes in Pregnancy Society recommendations for the screening, diagnosis and classification of gestational diabetes mellitus on clinic referral rates: a 6-month audit at Gold Coast University Hospital *abs# 143*

Lili Yuen

Gestational Diabetes: Diagnostic Timing and Maternal-Neonatal Outcomes *abs# 144*

Ruby Chang

Capillary glucose testing to screen for late onset gestational diabetes in mothers with large for gestational age fetus. *abs# 145*